

# DEMI'S RANDOM ACTS OF KINDNESS LUNCHBOX REMINDERS

DIRECTIONS: PRINT ON CARDSTOCK, CUT OUT EACH  
REMINDER, INCLUDE IN YOUR CHILD'S LUNCHBOX.



**Give someone  
a nice  
compliment**

**Push in  
someone's  
chair**

**Say HI to  
someone new**

**Tell a teacher  
how much you  
appreciate  
them**

**Hold a door  
open for  
someone**

**Help someone  
before they  
ask**

**Sit with  
someone who  
looks lonely  
or sad**

**Smile  
at someone  
new**

**Play  
with someone  
new**